

## What is Women's Aid Leicestershire Ltd?

WALL is a non-profit making organisation affiliated to Women's Aid Federation of England.

WALL aims to empower women and children who have experienced or are experiencing domestic abuse to take control of their lives by providing:

- Safe, Temporary Accommodation.
- Outreach Services to women with or without children who require support and who may be living with the abuser in the community.
- Childrens Services.
- Advocacy.



**Women's Aid Leicestershire Ltd**  
PO Box 7067  
Leicester  
LE1 7WB  
Tel: 0116 242 6440

Minicom service available  
[www.wa-leicester.org.uk](http://www.wa-leicester.org.uk)

Supported by



## Useful contact numbers

**WALL's emergency accommodation for women with or without children experiencing domestic abuse** 0116 244 0169  
01455 233 131

**Police** 0116 222 2222  
(Domestic Abuse Investigating Officer)  
or dial **999** in an emergency

**DVIRP** 0116 255 0004  
Domestic Violence Integrated Response Project

**Leicester Rape Crisis** 0116 255 8852

**Juniper Lodge** 0116 273 3330  
Sexual Assault Response Service (24hr Helpline)

**Victim Support**  
Leicester 0116 253 0101  
Melton & Rutland 01664 411700  
South Leicestershire 01455 233544

**Melton Borough Council** 01664 502 502

**Samaritans** (24 hours) 0116 270 0007

**Women's Aid Federation of England**  
Freephone 24hr emergency helpline 0808 2000 247

Domestic Abuse affects 1 in 4 women in their lifetime  
(Council of Europe, 2002)

44% of victims of Domestic Violence are involved in more than one incident. No other type of crime has a rate of repeat victimisation as high  
(Dodd et al, 2004)

The police receive one call about Domestic Violence for every minute in the UK  
(Stanko, 2000)

30% of Domestic Violence starts in pregnancy  
(Coid, 2000)

Tel/Text

**07866 816 454**

or Tel

**0116 242 6440**

Are you living in fear ?

Are you experiencing Domestic Abuse in Melton Borough ?

**Free confidential support for women with or without children suffering domestic abuse.**



## What is Domestic abuse?

Domestic abuse can include:

### Physical Violence

Being punched, kicked, slapped, pushed, beaten.

### Sexual Violence

Including rape and sexual abuse.

### Emotional Abuse

Being sworn at, put down, controlling behaviour, bullying.

### Financial Control

Having no access to money, having your own money withdrawn.

### Social Exclusion

Not being allowed to visit friends, family or receive visitors.

## Who can be an abuser?

The abuser can be a partner, an ex-partner or other family member.

## We can offer you:

- Emotional support
- Practical advice
- Information
- Access to counselling
- Support/self help groups
- Social/cultural groups
- Access to safe accommodation
- Supported visits to other organisations

## Who can use this service?

Women who are experiencing, have experienced or who are at risk of experiencing domestic abuse irrespective of their age, cultural backgrounds, race, ability, HIV status or sexuality. Staff are available to discuss in detail how our service operates and how it can best meet your needs.

*It's good to talk to someone who understands and doesn't judge me.*

*The support group gave me the chance to meet other women survivors and helped me regain my confidence.*

*My key worker was outstanding with all the support she gave to me and really listened.*

*I never thought anyone would believe me, but Women's Aid did.*

## Who can access our services ?

Any woman with or without children who needs support to deal with the affects of domestic abuse.

## What is the Outreach Service?

The Outreach Service is a FREE and CONFIDENTIAL service based in the community supporting women whether they are currently living with the abuser or not. We offer one to one support based on individual needs as well as support groups and social and educational programmes. Women can also be supported to access refuge, move house or to get help to feel more secure in their own homes.

## What is the Refuge service?

Initially a safe place to stay in a friendly environment, where women can feel at home and get to know other women; shared facilities with your own family bedroom and a large garden with outdoor play facilities. There is limited wheelchair access.

At the refuge we offer specialist support from workers and other women in similar circumstances, as well as practical help with benefits, money, housing, health, education and training, social and cultural activities.

We have qualified children's services workers who together with refuge workers provide family support for women and their children.

We can also assist with access to National Women's Aid refuges.



**WALL's Community Outreach & Refuge Services aim to help you make informed choices about your future**