

How can we help you?

“ Protection...
Support
prevention
Safety
confidentiality
listening
understanding
advocacy
assistance ”
...and much more



✓ **Our right?**

To live a life free from abuse

✓ **Our responsibility?**

To reduce the acceptance of domestic violence

✓ **In an emergency?**

- Dial 999
- Call the 24hr help line on 0808 2000 247

One in four women and one in six men will have experienced domestic violence at some point in their lives.



Correspondence can be sent to: PO Box 7675, Leicester, LE1 6XY

The Domestic Violence Integrated Response Project is limited by guarantee (no. 5733540)
DVIRP pending charity number



Have you been affected by domestic violence?

- Do you know someone who has experienced domestic violence?
- Do you know someone who wants to stop using violent behaviour?
 - Do you need to speak to someone in confidence?

Ring the Domestic Violence Helpline on:
0116 255 0004

Monday to Friday 10am - 3pm Monday to Thursday 7pm - 9pm
Saturday 10am - 2.30pm Sunday 12 noon - 3pm

Or write to us at PO Box 7675, Leicester, LE1 6XY

This project is supported by the Leicester Partnership and Leicester City Council, through the Neighbourhood Renewal Fund (NRF).

What is domestic violence..?

Someone in your life may...

- Control where you go and who you see
- Threaten to hurt you or the things and/or people you care about
- Prevent you from getting a job, benefits or an independent income
- Intimidate you through looks, words or actions
- Put you down and constantly criticise you or play mind games
- Physically and/or sexually hurt you or force you to do things you don't want to do
- Deny you access to professional help e.g. from doctors and nurses
- Leave you feeling afraid, sad, vulnerable, scared, confused or angry

It can hurt and feel complicated when someone who is meant to care about you behaves like this - or you may read this and recognise some of your behaviour.

These are just some examples of what domestic violence can include. Sadly, it often gets worse, and can cause hurt that lasts a long time. You may have been told that it is your fault that you are being hurt, or that you are making it up. You may have experienced domestic violence some time ago, and continue to be affected by it. You can still contact us for help.

What will we do..?

If you want to talk to someone we will...

- Listen to what you have to say
- Help you explore options
- Provide Support – on the telephone or face to face in an agreed place of safety (this may be in the community, a public venue in the city centre or at our city centre base)
- Keep your personal information confidential. This is limited for safety reasons and will be explained when you call.

What can we offer?

- Specialist experience, knowledge and care about how domestic violence affects people
- Information about local, national and specialist services
- Safety advice and risk assessment
- Access to volunteers and workers who are multi-lingual
- Access to perpetrator programmes

We also...

- Run workshops with young people
- Provide training to workers or community groups
- Run publicity campaigns and awareness raising sessions
- Work with faith communities and spiritual leaders
- Work to develop a city wide strategic approach to domestic violence
- Offer volunteering opportunities



Who are we..?

The Domestic Violence Integrated Response Project is made up of 3 main elements:

A telephone support service staffed by female workers and volunteers for anyone whose lives have been affected by domestic violence. DVIRP also offers support to perpetrators and their families.

DVIRP have Domestic Violence Advocacy workers who support members of the Black Minority Ethnic community who are experiencing domestic violence. The Advocacy workers offer face-to-face confidential support, advocacy and information. The Advocacy workers are fluent in many languages.

