



FAIRMEAD CHRISTMAS NEWSLETTER

Fairmead Residents Association

December 2010

Merry Christmas
and a Happy New Year

Fairmead Sure Start Children's and Community Centre

The Fairmead Sure Start Children's and Community Centre is located in the heart of Fairmead at 64 Drummond Walk. Did you know residents can access a number of Melton Borough Council services at the centre including:

- Council Tax
- Benefits
- Waste Collection
- Children's Services



Please be aware it is against council policy to make and light bonfires on council land, including Sunnybrook Park. Melton Borough Council do not hold official Bonfire Night activities on council land due to insurances and safety. Residents are requested to attend one of the many official 'Bonfire Night' displays held throughout Melton Mowbray. See www.melton.gov.uk, www.leicestershirevillages.com, call 01664 502 502 or see local press for further information.

Bonfires



Melton Borough Council Christmas Opening Times

Close Friday 24th December 2010 at 2pm
Re-open Tuesday 4th January 2011 at 9am

In an emergency out of office hours please call 01664 481000

Christmas Waste Collection

Remember your collection day for Christmas and New Year 2010 will **NOT** change.

Collections between 27th December 2010 and 7th January 2011 will be of **black** bins and recycling boxes.



Fairmead Resident Association Committee
 Chair - Fiona Gray
 Vice Chair - Maurice Bishop
 Secretary - Jackie Clarke
 Treasurer - Chris Shand

Inside this issue:

| | |
|-----------------------------|---|
| Junk Garage | 2 |
| Keeping Safe This Winter | 2 |
| Melton Town Community Forum | 2 |
| A Safe and Secure Christmas | 3 |
| Local Activities | 3 |
| Physical Activity | 4 |
| Children's Activities | 4 |



Junk Garage

The Fairmead junk garage, number 30, is open on the last Saturday of every month, **2pm to 4pm**, for residents to dispose of unwanted household items for no cost. No general household waste or recycling. Next 3 dates in 2011:

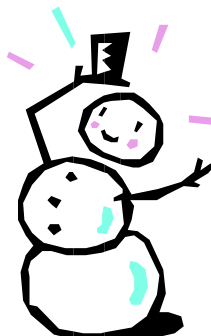
- Sat 30th Jan
- Sat 27th Feb
- Sat 27th March

Melton Town Community Forum

Melton Town Community Forum
Thursday 17th February 2011, 7pm
at The Edge Childrens and
Community Centre, Dalby Road

The Forum provides a place for Melton residents to discuss local issues, meet local councillors and get answers from service providers (police, PCT, county and borough councils) to local issues and concerns.

Contact Paul Goodman
(Community Engagement
Officer) on 0116 3058015
for further details.



Keeping Safe This Winter

- To prevent flooding and waste pipes freezing, check dripping taps and overflows. Report faults. If you are waiting for repairs to a dripping tap, keep the plug in the sink or bath to prevent water freezing in the waste pipes.
- To avoid frozen or burst pipes, try and keep your house warm day and night by keeping your heating on a constant low.
- Stop draughts by filling in gaps with newspaper, sealing or beading.
- Cover your water tank.
- Draw your curtains at dusk to stop the heat escaping.



Local Activities (Voluntary Action Melton)

Aerobics (weigh in/work out)

The Edge, Dalby Road
Mondays 7.30pm – 8.30pm
£3 per session

Aerobics (weigh in/work out)

The Cove, Sysonby Street
Thursdays 7pm – 8pm
£3 per session

Fitness Xpress

The Cove, Sysonby Street
Thursday 8.15pm – 9pm
£2 per session

Mens Workout

The Edge, Dalby Road
Wednesdays 5.30pm – 6.30pm
£2 per session

Whist Drive Club

The Edge, Dalby Road
22nd Dec 2pm - 4.30pm
Then every other week commencing 12th Jan 2011
2pm - 4.30pm
£1 per game (tea, coffee, biscuits served and raffle prizes)

Volunteers required and suggestions for groups/events, contact Anita Hennells, Community Development Worker, Voluntary Action Melton - 01664 485307.

A big thank you to everyone who has volunteered running groups, helping out at events, supporting our fitness classes and other community activities. These would not be a success without you, please keep it up for 2011!!

Merry Christmas and a Prosperous New Year.



A Safe and Secure Christmas

- Keep your purses and wallets safe

- Don't take shopping back to the car - only return to your car when you have finished shopping



- Ensure doors and windows are locked - don't leave presents on display and put any packaging out on the day of refuse collection

- If you are having any parcels delivered while you are not there, ask a trusted neighbour to take them in for you

- Ensure cars are always locked when you are not in them - remove all valuables when leaving the car

- When defrosting your car, don't leave it insecure whilst unattended - thieves can really be that quick



**Children Activities
at Fairmead**

Monday

9.30am to 11am

Stay and play

Wednesday

10am to 11am

Stay and play

10 to 12pm

Health Baby Weighing
Clinic

(1st Wednesday of the
month)

Thursday

2pm to 3pm

Chatterbox

Friday

10.30am to 11.30am

Sing a Song a Story

1pm to 2.30pm

Stay and play

Library Health Checks 10am to 2pm

Tuesday January 11th, March 8th and May 10th 2011

Want to get a better understanding of your health and get tips on how to improve it?

Free health checks are taking place from 10am to 2pm at Melton Library on Tuesday. Health checks include blood pressure, height, weight, waist circumference, body mass index, and body fat percentage. For more information please contact us on 01664 502502 or email sports@melton.gov.uk.

Move More 4 Less Week

Monday 17th January - Sunday 23rd January 2011

Why not start the New Year with a bang and take up a new sport, revisit an old hobby or just get yourself more active for 2011?

Move More 4 Less Week provides a week of fun activities to encourage people to get more active. The initiative, which runs from Monday 17th until Sunday 23rd January 2011, includes a variety of different sessions that are available across the borough. Activities from yoga to Zumba and kickboxing to tai chi are just £1.

For more information please contact us on 01664 502502 or email sports@melton.gov.uk.

**Sysonby Ward
Councillors**

Councillor Joe Orson

01664 822272

jorson@melton.gov.uk

Councillor John Illingworth

07827 921035

Councillor John Wyatt

01664 857882

jwyatt@melton.gov.uk

Volunteers are required to help out for a Fairmead Youth Club looking to be

started in the New Year. If you would like to help out please contact Lee Haig, Youth Club Co-ordinator, on 07792626742 or email haigie72@live.co.uk.



New Year Youth Club