



Zoggs swimwear and equipment available at every centre.

# Waterfield Leisure Pools

## Main pool term-time programme

	7am	8am	9am	10am	11am	12noon	1pm	2pm	3pm	4pm	5pm	6pm	7pm	8pm	9pm	10pm	
MON	SWIM FITNESS 3	SCHOOLS				SWIM FITNESS 3	SCHOOLS 1		SWIM FOR ALL 3		SWIMMING LESSONS	SWIM FOR ALL STAFF TRAINING	SWIM FOR ALL 1	CLUBS			
TUE	SWIM FITNESS 3	SCHOOLS	SWIM FITNESS (ADULTS)	SCHOOLS	SWIM FITNESS 3	SCHOOLS 1		SWIM FOR ALL 2		SWIM FOR ALL 3	SWIMMING LESSONS	SWIM FOR ALL 1	SWIM FITNESS (ADULTS) 3	SWIM FITNESS (AQUAFIT)			
WED	SWIM FITNESS 3	SCHOOLS				SWIM FITNESS 3	SCHOOLS 1		SWIM FOR ALL 2		SWIM FOR ALL 3	SWIMMING LESSONS	SWIM FOR ALL 1	SWIM FITNESS (ADULTS) 3	CLUBS	SWIMMING LESSONS	
THUR	SWIM FITNESS 3	SCHOOLS				SWIM FITNESS 3	SCHOOLS 1		SWIM FOR ALL 2		SWIM FOR ALL 3	SWIMMING LESSONS	CLUBS	SWIM FITNESS (ADULTS) 3	CLUBS		
FRI	SWIM FITNESS 3	SCHOOLS				SWIM FITNESS 3	SENIOR SWIM (40+) 3		SWIM FOR ALL 3	SWIMMING LESSONS	CLUBS						
SAT	SWIM FITNESS 3	SWIMMING LESSONS	SWIM FOR ALL				SWIM FUN		SWIM FUN	SWIM FITNESS (ADULTS) 3	PARTY HIRE						
SUN	SWIM FITNESS 3	SWIM FOR ALL		SWIM FUN		SWIM FOR ALL 1			SWIM FUN		CLUBS	SWIM FOR ALL 3		PARTY HIRE			

ORANGE	For those learning to swim. Includes schools, clubs and swimming lessons.
YELLOW	For those taking part in fitness and health swimming. Includes Swim Fitness.*
BLUE	For those wanting fitness and or fun in the pool. Includes Swim Fun.*

Under 8's must be accompanied by a parent/guardian or adult over 18, with a maximum of 2 children per adult.

3 Indicates number of lanes

\* Swim Fitness and Swim Fun are also available during Swim For All sessions.